

一、文意選填 60%

a) obesity causes a lot of	b) it is spreading	c) rather than good for us	d) we eat too much unhealthy food
e) breathing, energy, joints, and even mood	f) being very overweight	g) causing this wave of obesity	h) it's also connected to
i) are catching up quickly	j) the one with the biggest problem		

Obesity--- (1)---is a serious problem in the West, and (2) to other parts of the world. Fears about obesity are not only about beauty; (3) health problems. It can affect your(4). (5) heart disease, diabetes, and cancer. The United States is currently the fattest country, (6), but other countries (7).

Two factors are (8): diet and lifestyle. The diet problems are easy to see---(9). We eat food that is convenient (10).

1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_ 4. \_\_\_\_\_ 5. \_\_\_\_\_ 6. \_\_\_\_\_ 7. \_\_\_\_\_ 8. \_\_\_\_\_ 9. \_\_\_\_\_ 10. \_\_\_\_\_

超過標準體重非常多的肥胖，在西方是個很嚴重的問題，而它正擴展到世界各地。我們對肥胖的恐懼並不一定只和外貌有關，肥胖可能引起很多健康問題。過胖會影響到你的呼吸、體力、關節，甚至是心情。它也和心臟病、糖尿病、癌症等疾病有關。美國是目前胖子最多的國家，問題也最嚴重，不過其他的國家也急起直追。

造成一堆人肥胖的原因有兩個：飲食和生活習慣。飲食問題顯而易見，我們吃了太多不健康的食物。我們只吃方便而不是有益的食物。

二、中文解釋 40%

1. being very <b>overweight</b>	6. causing this <b>wave</b> of obesity
2. heart disease, <b>diabetes</b> , and cancer.	7. are <b>catching up</b> quickly
3. breathing, energy, <b>joints</b> , and even mood	8. we <b>'re stuck with</b> the hard work of making good choices
4. it is <b>spreading</b>	9. <b>Put away</b> the junk food.
5. <b>breathing</b> , energy, joints, and even mood	10. the author captures readers' attention using <b>sarcasm</b>